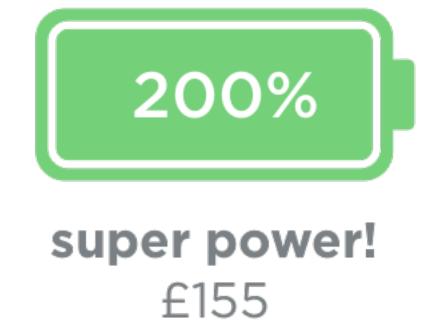


how energetic do you want to get?

WE GET IT, SOMETIMES YOU JUST WANT TO START OF WITH A LITTLE BIT OF ENERGY TO SEE WHICH LEVEL WORKS FOR YOU. BUT IF YOU DARE TO GO FOR ALL THE SPARKS, WE CHALLENGE YOU TO GO FOR OUR SUPER POWER! PACKAGE TO DISCOVER THE TRUE NHOW SPIRIT.











our packages full day, 8 hrs

Meeting room rental with free wi-fi
Flip chart, screen & beamer
Battery recharger lunch
Tempting break: morning power
Tempting break: afternoon power
Always-on mineral water
Welcome coffee & tea
Always-on fruit in meeting room
Always-on soft drinks for the sugar lovers
Always-on coffee & tea in our lounge
Water to go go
Kickstart welcome package, upon arrival
Fresh juices and nhow style smoothies
Unplug closing package 1hr drinks & snacks
Always-on power snacks in meeting room
3 course energy dinner or buffet

200%	100%		
super power! £155	fully loaded £115	recharged £105	charging £95
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getting started

£82.50



kickstart welcome package

Your first treats upon arrival! And first impressions count, so we've gone all out to impress with for example cookies, pastries, fresh fruit, natural yoghurt with a touch of fruit and crumbled apple pie. Tuck in!



power snacks in the meeting room

A power pack full of sweet and savory snacks, from nut or muesli bars, to sweets, vegetable crisps and hand fruit.



morning power

your tempting break in the morning

A healthy snack and a sweet guilty pleasure, served with refreshing drinks.



unplug closing package

1hr drinks & snacks

Winding down is just as import as charging up, so enjoy 3 snacks per person (meat, veggie, and fish options), and choose between soft drinks, draft beer, and house wine. Cheers to a hard day's work!



afternoon power

your tempting break in the afternoon

The perfect combo of something savory and something sweet, plus colorful drinks to wash it all down.



fresh juices and nhow style smoothies

Bright colors, tempting flavors, happy stomachs!



battery recharger lunch

A street food experience to share. Think fresh bread, delicious dips, cold cuts and surprising bites. Veggie options are always included to make sure there's something for everyone to enjoy.



3-course energy dinner or buffet

A variety of tasty dishes to share, with flavors from around the world. Hot and cold starters, warm main course items including side dishes (veggie option is always included). And to finish: your very own dessert. Yummy!

get more with our plug-ins

Always-on mineral water	6.95	Always-on power snacks in meeting room	8.95
✓ Welcome coffee & tea	4.95	✓ 3 course energy dinner (or buffet for >30 people)	55.00
Always-on fruit in meeting room	4.95	Always-on drinks during dinner (soft, beers, wines)	22.95
Always-on soft drinks for the sugar lovers	7.95	✓ nhow cocktail (with or without alcohol)	11.95
✓ Always-on coffee & tea	6.95		
✓ Water to go go	2.90		
Kickstart welcome package	9.50		
Fresh juices and nhow style smoothies	10.00		
Unplug closing package 1hr drinks & snacks	30.00		

^{*}Prices quoted are per person and only applicable as an upgrade to our meeting packages, all prices are in pounds sterling and include taxes and fees.



do you dare?

THEN PLEASE GET IN TOUCH:

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